"With my earnings I am now more independent and don't need to rely on my husband for money. I am able to pay for food for my family, my children's education, and have some pocket money for myself."

-Bhagabati Shrestha, Nepal

Bhagabati and Sita knot and weave rugs on an upright loom for Kumbeshwar Technical School in Nepal. They and other low-income women in Kathmandu benefit from free education and training programs in weaving and knitting, empowering them with new skills and opportunities for employment.

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